



Prachi Pandey
Joint Secretary (Inst. & Trng.)
Tel. 011-23389247

D.O. No. 2-5/2024-PPC

Dated 11th February, 2025

Respected Madam/Sir,

As you are aware, the Hon'ble Prime Minister interacted with students for another exciting edition of Pariksha Pe Charcha 2025 at New Delhi on 10th February, 2025 at 11.00 AM.

2. Adding a fresh dimension, PPC2025 will feature renowned personalities from diverse fields who will share their experiences and knowledge, guiding students on key aspects of life and learning, in 7 subsequent episodes of PPC. Students participating in these session were also drawn through a process of selection from the States / UTs, different educational organisation and nation-level school competitions. These episodes, focussing on varied issues include:-

- (i) **Mental Health:** Ms. Deepika Padukone will discuss the importance of emotional well-being and self-expression.
- (ii) **Technology & Finance:** Shri Gaurav Chaudhary (Technical Guruji) and Ms, Radhika Gupta will explore technology as a tool for smarter learning and financial literacy.
- (iii) **Nutrition:** Ms. Shonali Sabherwal and Ms. Rujuta Diwekar will highlight healthy eating habits and the role of quality sleep in academic success. Shri Revant Himatsingka, known as Food Farmer, will provide insights into leading a healthy lifestyle.
- (iv) **Mindfulness & Mental Peace:** Shri Sadhguru will share practical mindfulness techniques to help students maintain mental clarity and focus.

3. These episodes will be broadcast live from 12th February to 15th February, 2025 at 10.00 AM by Doordarshan through DD National, DD News and DD India etc. Most of the private TV channels would also broadcast the programme live. It will also be available through live airing on radio channels (All India Radio Medium Wave, All India Radio FM Channel) Live Web streaming on websites of PMO, MoE, Doordarshan, MyGov.in and YouTube channel of MoE, Facebook Live and Swayamprabha channels of MoE. The same can be viewed online on the link :- https://www.youtube.com/watch?v=DrW4c_ttmew

4. Further, insutructions may be issued to display banner on your official websites and at all prominent places. Link for the banner may be accessed at :<https://drive.google.com/drive/folders/1R7tSyifCWHVXq3pYbUv22OGsk7vrm5D3>

5. I would request to make necessary arrangements for viewing so that all the students in all schools can view/hear the telecast.

Kind regards,

Yours sincerely,

Prachi Pandey

(Prachi Pandey)

Additional Chief Secretaries/ Principal Secretaries/ Secretaries (Education) of all States and UTs.

Copy to:-

1. Sh. Anil Kumar Singhal, Additional Secretary (SS-II), Department of School Education, Ministry of Education, Shastri Bhawan, New Delhi, 110001
2. Ms. Trishaljit Sethi, Additional Secretary / Director General (Training), Ministry of Skill Development & Entrepreneurship
3. Sh. Anandrao Vishnu Patil, Additional Secretary (PMPY), Department of School Education, Ministry of Education, Shastri Bhawan, New Delhi, 110001
4. Shri Satish Kumar, Chairman & CEO, Railway Board.
5. Shri Rakesh Mittal, Joint Secretary (L&W), Ministry of Defence, South Block, New Delhi-11.
6. Shri Abhijit Sinha, Joint Secretary (Police-2), Ministry of Home Affairs.